

FIBROMYALGIA, DEPRESSION, INJURIES, OVERWEIGHT

JUSTINE IS A MIRACLE WORKER!!

I was diagnosed with fibromyalgia after a whiplash injury from a car accident. Several years following the car accident, I slipped and fell on concrete and injured my tail bone and hip. When I came to Justine in April of 2011, I had been suffering from chronic pain for 14 years. I was on a medical leave of absence from work, 70 pounds overweight, taking several types of medications for pain, insomnia, anxiety and depression. I had lost all hope of regaining my health.

Justine gave me hope. She is truly an artist. I view her as a sculptor who molds the body back into health. Through her magical hands-on manipulation, posture correction, strengthening exercises and nutrition program, I'm no longer taking medications, lost 23 pounds and my pain level has significantly decreased allowing me to return to work. What I find even more amazing is that through her diet program, I no longer have the cravings for sweets or junk food! I regained my muscle strength, improved my skin tone and got back my youthful look. I very much enjoy hearing people tell me how good my skin looks and how healthy I look. I finally have my self-esteem back.

Thank you Justine for all what you have done for me. I only hope that people who are suffering from an ailment find their way to you because what you do gives people hope as well as mental and physical health which everyone deserves to have.

Best wishes to you always and God bless.

Raneen Tannous, Oakville
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