

## **Delayed Labour – The Cutest Testimonial!**

Hello !! My name is Ainsley and I would like to tell you the story about how I met Justine.

It was three weeks ago and I was living very comfortably inside my Mommy who was very pregnant. My arrival date was scheduled for March 28, but I was late. The doctors said I was coming soon, my Mommy and Daddy thought I was coming soon too but I knew I wasn't. You see, I was actually very scared about leaving my old home and moving to a new one. Mommy and Daddy were getting tired of waiting but I didn't care. I was pretty comfy there. The doctors told Mommy that if I didn't come soon they were going to induce her, I wasn't sure what that meant but it made me nervous.

Finally after a whole week of waiting, Mommy decided to go see Justine. Justine told Mommy not to worry and that I would arrive in the next 24 hours. I don't think Mommy believed her at first. She massaged Mommy and me too and it felt really nice. I liked listening to Justine's soft voice when she explained things to Mommy. She told Mommy that she can usually convince babies to come out. Mommy seemed more relaxed when Justine was with her. We stayed there for over an hour and it was wonderful. I know that Justine was trying to convince me that it was time to come out and see everyone in person. I was still scared a little but it got me thinking too. It sounded like the world was going to be pretty nice and that Mommy and Daddy would be there with me all the time. Plus, it seemed like there was not going to be any shortage of food and I could sleep whenever I wanted. I spent the whole night thinking about it. I gave Mommy a lot of kicks that night just so she would know I was thinking really hard about what Justine had been saying.

The next morning as soon as everyone was up and dressed I made up my mind. I decided it was time. I pushed real hard to get things going. I guess it worked because Mommy told Daddy we all needed to go to the hospital. The good news is that they didn't need to induce Mommy after all. Even better news is that everything went really well after that and I was born a few hours later. Justine was so right – it's not scary out here at all and I am really glad I decided to come out after all. Thank you Justine for being my first friend and helping me arrive.

Ainsley P. – Toronto, April 2011